



Priory School of Our Lady of Walsingham
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SPORTS REPORT

12 May 2023

It has been a busy week in PE and Games as we prepare the Senior School for next week's Island Athletics and the Juniors begin their preparation for the Island Quadkids which takes place closer to the end of term.

As mentioned last week, the PE Department measure fitness throughout the year with the bleep test and mile or half mile runs; this helps hugely with the athletics season as we are able to judge short, middle and long distance places in the team without the need to use a full size 400m track, which very few schools have.

Our summer season is spent ensuring that pupils are track ready, as well as preparing for the various jumping and throwing field events. We have seen significant improvements from everyone this year, and the ever increasing calibre of our pupils makes singling out weekly sports stars very difficult indeed!

This week's Senior Sports Star is **Adam Farley, S4**. While finalising the teams this week, Adam put himself forward without hesitation to represent the school in the Year 10 3000m race – a gruelling test of fitness, determination and resilience. Well done to Adam for taking on this challenge and regardless of the outcome, you have shown great leadership, courage and pride in the school badge.

Our Junior Sports Star is **Ava Benton, Year 3**. The effort Ava has put into her running this week has been hugely impressive. Whether sprints, middle or distance runs, Ava has given it her all and powered ahead of competitors across all the Junior School age brackets. Great determination Ava, this bodes very well for the future.

Good luck next week, Senior School.

SB

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Junior School
Open Morning
WEDNESDAY 7 JUNE 2023 • 9.00AM TO 12.00PM

- See our school in operation
- Pupil-led tours
- Meet staff and pupils
- Small group tours every 15 minutes.
- Open to all years: Reception to Year 6
- Book follow-up visits or taster days
- Scholarship information*
- Meet the Principal

* means tested

