



SPORTS REPORT

12 January 2024

Sports Stars of the Week

We welcomed Team Priory back to PE and Games on a very cold Tuesday with the introduction of handball to the curriculum. A brisk walk up to the Queensgate artificial pitch and some fitness work once we arrived had them all warmed up and ready to learn the skills of the new game. S1 and S2 took some time to get used to the size of ball – a handball fits in the hand of an average sized adult – but once they did we explained the rules of the game and practiced throwing and catching drills, before moving on to small sided games. The group did very well indeed and we look forward to them playing more as the term progresses.

Wednesday was an even colder day for the Upper Seniors, so we had a longer fitness session to ensure everyone was warmed up and ready to play. Handball was once again the sport of the day; this group played a slightly modified version of the game before the Christmas break, so we ran some drills to ensure everyone understood the full rules, and then held a tournament which everyone seemed to enjoy. On to competitive Handball fixtures next!

Thursday began with the youngest Juniors inside learning ball handling skills, how to control a tennis ball with their hands in many different ways, before moving on to throwing and catching. The older Juniors were outside for football drills, but it was so cold that we quickly moved to playing a game which allowed everyone to run around and stay warm.

On Friday in PE, we began our indoor athletics practice with various throwing, jumping and running skills. Some of our Juniors have great skills and we very much look forward to this year's competitions!

The first **Junior Sports Star of the Week** for the Easter Term is **Sean Feather**. Sean had a very good football lesson on Thursday, he displayed great listening skills and demonstrated understanding of the game, applying everything he was taught. Then on Friday he worked very hard on his athletics skills, recording some super jumps and throws. Sean loved the sprinting event and once again did very well. An excellent first week back for Sean.

We try to always pick individuals for our sports star awards but sometimes it is impossible to separate pupils. With that in mind, our **Senior Sports Stars** are **Joe Ayres, Joshua Byrne and Caelen Goldberg**. All three boys have approached handball enthusiastically, absorbing the rules, technique and tactics, and very quickly demonstrating a great understanding of and flair for the game. They have all led their teams by example and helped others develop their own understanding and skills. Very well done to all three boys.

I hope everyone has a great term.

Mr Byrne