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## SPORTS REPORT

15 September 2023

### **Sports Stars of the Week**

Lower temperatures allowed for a full week of sport across the whole school this week.

The mile and half mile runs kicked off our fitness testing and many of the boys and girls have clearly maintained their fitness level over the summer holiday. Senior School PE focused on football skills, with the Juniors practicing their throwing and catching skills. Games on Tuesday and Wednesday saw the Seniors on the artificial pitch and Polish Field for hockey and rugby respectively, whilst on Thursday the Juniors remained on campus, with the girls training for a tag rugby fixture, and the boys practicing for the primary schools' football season, which starts soon.

Key Stage 1 had their introduction to rugby on Thursday, getting the feel of the ball and beginning to learn how to throw and receive it in a game situation. They all really enjoyed experimenting with how the ball bounces, with AJ deciding it was shaped after a dinosaur egg!

The Junior Sports Star this week is Evie Walker. During our throwing and catching games, Evie was precise and accurate with her throws. Her catching skills were equally as good, demonstrating a lovely 'butterfly' technique with every catch. Evie was encouraging of others and great team members, and all of this was very impressive indeed.

The Senior Sports Star this week is Joshua Styles. In his first rugby lesson at Priory, Joshua gave 100% effort and showed us all his well-honed rugby skills. Passing, tackling and general play were all impressive and Joshua is a natural leader on the pitch. He also applied this same skill and leadership qualities in our football practice. A great first full week from Joshua – very well done.

Mr Byrne