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SPORTS REPORT

19 April 2024

<u>S3 Boys – Basketball Match – Carisbrooke College - Wednesday 17 April</u>

Team: Raymond (C), Henry, Austin H, Brogan, Toby, Victor

Result: 51-43 loss

Report:

The victorious U14 basketball team were back in action on Wednesday. They travelled to Carisbrooke for a friendly against a mixed year group team, consisting of pupils across all year groups.

Given some older opposition, this was a tough game for the boys, but they put up a good fight.

In the first quarter, Priory played a very strong attack, with constant possession of the ball and took a small lead on the scoreboard. The boys worked well with lots of communication which allowed for the ball to be kept in our possession for a long period of time. Raymond controlled the team well as captain, organising positions and movement of the players, Victor worked well defensively in this quarter, really putting the pressure on Carisbrooke's attack.

During the second quarter, we had to play more defensively, as Carisbrooke brought on their stronger Year 11 players. Henry worked really hard at tracking the ball, moving backwards with the play and making some great interceptions and steals. We just slipped behind in the score this quarter, ending half time with a 24-20 loss.

Picking back up after half time, Raymond once again worked hard to organise his team. Austin used the width of the court to offer options for passes and was able to have multiple shots throughout the game. Brogan worked hard in defence during the second half, man marking the taller players and really putting Carisbrooke's attack to work.

The final quarter was a tough one, whilst the boys played really hard, they couldn't seem to succeed in any of their shooting attempts. The standout player throughout this was Toby, his pure determination throughout the game was something to be proud of. Toby worked hard and showed a clear improvement in his ability since the last basketball game, a great effort. For this reason, Toby is player of the match.

A great effort for these boys with an unfortunate loss, but a great experience and a clear improvement for the team throughout the game.

Miss Mildenhall



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Sports Report

We welcomed back Team Priory to dry and sunny weather – at last! Athletics season is here and there is lots of work to do to prepare for the Senior Athletics Meet in 3 weeks.

We begin sports day preparation for all and the Juniors ready themselves for the All-Island Quad Kid event. We also have cricket fixtures coming up for Junior and Senior school, so a busy team for all year groups. Unfortunately, the wind has prevented the cricket nets from going up so far, but the forecast looks clear, so they will be put up ready to be used next week. We like to encourage sport at break times during the summer term, but can all pupils please respect the equipment and ensure anything used is put back in the PE shed in the correct place. The summer term also has a busy week of sports clubs, so make sure names are put on sign-up sheets, which can be found in the corridor on the PE board.

The week began on Tuesday with Lower Senior Games and fitness work started the session. During the summer, we alternate the bleep test and timed mile run (half mile for Juniors) weekly, as well as train on the track for the various length races at events. Bleep test was first up this week and the group ran very well. It has been a while since the bleep test has been performed, due to the wet weather, but the group ran very well with most of them matching or even beating their previous best scores. We then moved on to javelin and shot training. This week, we hit the basics of how to hold the equipment and refreshed the throw from a standing position. We only have 3 weeks to perfect these throws again, so they will be featured heavily this half term. To finish the afternoon, we played a game of Diamond Cricket, a popular variation of the game at Priory School.

Wednesday for the older Seniors and we repeated the session from Tuesday, starting with the bleep test. Everyone starts the first week back with the basics, but these Seniors will jump ahead next week as they have a good few athletic seasons under their belts. As with yesterday, the bleep test was performed really



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well, most matching or beating their personal best score. The S3 boys' basketball team left for a fixture and the remaining group played a game of Diamond Cricket. This group will again jump ahead, hardball cricket training is needed for their fixtures.

Junior Games day on Thursday began with KS1 beginning their Sports Day throwing event. On Wednesday in PE, they covered relay and played a nice game of rounders. For Sports Day, this group will have fun versions of events, so in Games they worked on the classic egg and spoon race, then a bean bag throw. The older Juniors joined us, and we set them up for the shorter 15m bleep test. The KS1 group still had time before going back to class and they asked if they could run the bleep test. This group have never joined in this before, and they all smashed it! The entry level for Police is to run the 15m bleep test and achieve a minimum level of 5.4. Most of KS1 achieved level 3.8! Very impressive. The little ones returned to class and the remaining Juniors began their work on the vortex throw and cricket ball throw. We took our first measurements to set levels to beat for Sports Day gold. Good luck everyone. We again finished the session with Diamond Cricket.

Friday was a cricket day for all lessons. We used different variations of the game across the lessons and also spent some time working on throwing skills.

I personally love the summer term, and I am an athletics coach at heart, so I am very excited to see what everyone can achieve this year in competition.

Our first Sports Stars of the week this term go to Austin (Year 4) for Juniors and Violet (S1) for Seniors.

Austin played a great defensive game of cricket on Friday in PE. We were joined by the S4 PE GCSE pupils, and he managed to keep up with them with some very excellent defensive work on the bat. Very good from Austin.

Violet absolutely smashed the bleep test in games this week. Not only did she surpass her previous score, but she also beat it by a whole two levels. The biggest increase of the week. Great running Violet.

Really good work from all year groups this week, a real pleasure to teach everyone returning with positive attitudes and willingness to work.

Can I echo Mr Lloyd's message in the newsletter – the school field is an absolute sun trap in the summer, we get very little breeze and there is no shade at the top of the day. Can everyone please bring a drinks bottle to refill, sun cream and a school hat. All named please. Water breaks will be given throughout the summer lessons, and everyone will be reminded to apply suncream.

Have a great term everyone.

Mr Byrne



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